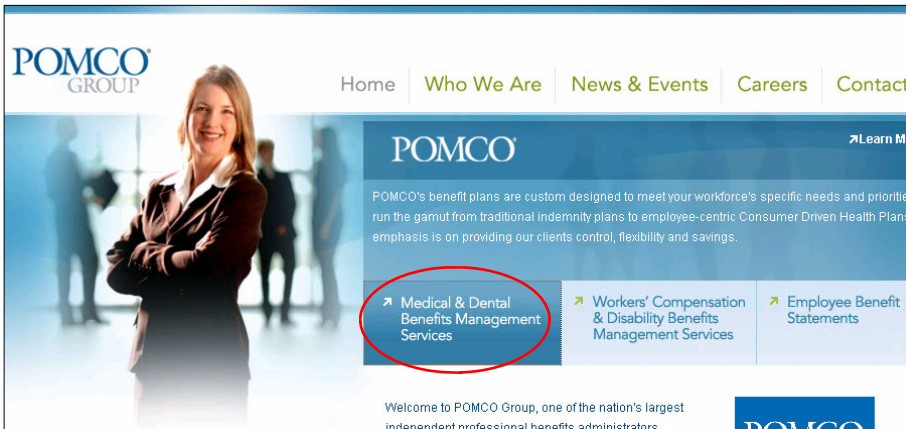
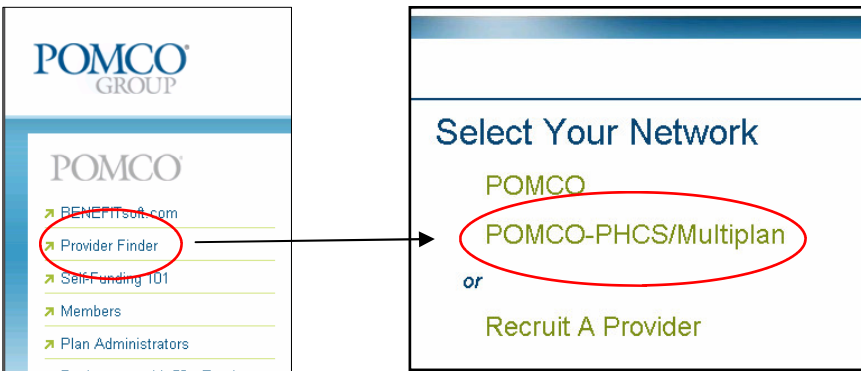


How to Find a Participating Provider:

1. Log on to www.pomcogroup.com
2. Click on “Medical & Dental Benefits Management Services”



3. Click on the “Provider Finder” link, located on the left side of the page. Select the “POMCO-PHCS/Multiplan” networks.



5. For Searching the POMCO Network: Enter your City, State, Zip Code, and Search Radius
6. Limit your search by Provider Specialty (up to 3 at one time) or Provider Last Name and First Name
7. Click “Search”



**No Access to the Internet?
We can help!**

If you do not have access to the Internet, call your POMCO Dedicated Customer Service team by using the toll free phone number below. We will be happy to assist you in locating a participating provider in your area!

Why Use a Participating Provider?

Utilizing a POMCO or PHCS/Multiplan participating provider may reduce your out of pocket expenses.

Every effort is made to provide an accurate and updated listing of in-network providers on our Web site. Since provider information frequently changes, we advise you to call the provider or POMCO Customer Service to verify the participating provider status when scheduling an appointment. As an enrollee of the benefit plan, it is your responsibility to always verify the provider is still participating in the network.